



Thank you for feeling strong enough to share your story on the podcast. I have created this form in order to capture your story perfectly and give you a guide. I want to share what you have been through accurately but I will need some facts to do so. Please email your story to: Rebecca.Rawtruth@gmail.com

Back story:

What this is about is to find out a little more about you. If comfortable, share a little bit about your childhood, relationships you had, parents had, what you had wished to become as an adult from a teenage point of view.

Marriage/Partner:

How did you meet your spouse or partner? Did you date a long time, short time, or love at first site? How did he/she make you feel?

The affair(s):

When, if applicable, did you notice any behavioral changes prior to the marriage or after you were married? How long into the relationship/marriage was it? How long were you together when your partner started to cheat? Did you sense something- suspicious? How did you find out? What were the warning signs. Had you been unfaithful yourself? Did you have children? How are they coping if so.

End Result:

Once it was out, how did you cope? What did you decide? What did she decide? Counseling, separation, divorce? Would you have liked to worked things out? If you stayed, how are you doing with trust factor. Is she transparent and open or still make you suspicious?

Thoughts on the past:

What would you do differently if you could if you could go back in time? Do you have any advice to give others who are currently being affected by an affair or to someone who is considering stepping out on the relationship? Do you have questions for others that you like presented to the listeners that you would benefit from?

Thank you! I hope that you find this story is therapeutic to write these things down or talk about them. I know it is not easy but I am very proud of you for wanting to share your stories with others and make a difference in their lives as well as working through your own pain..

Choose the name you prefer to go by on the show and send to me, and please include other names you would like to include that keeps everything anonymous.

Thank you,
Rebecca Adams
Podcast – Raw Truth: Stories of Female Infidelity